



UPPER PALMETTO
The YMCA

is proud to announce its newest addition:
 YMCA at **CAROLINA CROSSING**

<p>Indoor Swimming Pool</p> <ul style="list-style-type: none"> • Youth Swim Lessons • Senior Exercise Classes • Water Walking and Aqua Aerobics <p>Gymnasium</p> <ul style="list-style-type: none"> • Basketball • Walking Track <p>2 Racquetball Courts</p> <p>KidsFirst After School Program</p>	<p>Ball Fields</p> <p>Group Exercise Rooms</p> <ul style="list-style-type: none"> • Group Fitness • Yoga • Pilates <p>Fitness Center</p> <ul style="list-style-type: none"> • Treadmills • Exercise bikes • Elliptical • Free weights
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Located on Carolina Crossing Drive, just off of Shiloh Road, we are only 4 minutes south of the new Wal-Mart Super Center in York and 5 minutes from Campbell's Crossing.

NOW OPEN!!!

A membership at the **YMCA at Carolina Crossing** includes the use of all nine Upper Palmetto YMCA locations - including the Fort Mill YMCA Water Park in Baxter Village.

Hours: Monday - Friday 5:00am to 9:30pm
 Saturday 8am to 6pm
 Sunday 1pm to 6pm

Fitness Classes begin August 31st, 2009
Aquatics Classes begin September 7th, 2009

Membership Type	Monthly	Membership Type	Monthly
Youth 14 and under	\$ 25	1 adult + dependents	\$ 61
Young Adult (15 to 24)	\$ 32	2 adults + dependents	\$ 71
Adult (25 to 59)	\$ 50	3 adults + dependents	\$ 91
Senior Adult (60 and older)	\$ 40	4 adults + dependents	\$ 111
2 Senior Adults	\$ 56	5 adults + dependents	\$ 131

*For more information, call **803-684-2247** or visit **www.upymca.org**.*